

# Conversation with God

January 19, 2010

Prayer Day 2

## Greetings!

We pray that your second day of prayer is fruitful! Today, try to identify a specific time of day and place where you will be able to be alert and concentrate on your praying. This will help to limit some of the distractions and enable you to develop a beneficial habit of prayer.

## Prayer Idea

Let's add to our prayer today a special petition for God to bless one of our friends who may be going through a difficult time, that she may know the peace and strength of our Lord as she goes throughout her week.

*Then he returned to his disciples and found them sleeping.*

*"Could you men not keep watch with me for one hour?" he asked Peter.*

*"Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak." Matthew 26:40-41*